

# Aetna Better Health of Ohio



Resilience through  
Integrated Systems and Excellence



# OhioRise Overview Agenda

- Aetna's Specialty Programs
- OhioRISE and Aetna's Vision:
  - Catalyze
  - Convene
  - Facilitate
- Aetna's Alignment with Ohio's Goals
- Aetna's Model of Collaboration



# Aetna Specialty Programs

- Aetna serves 225,000 children in 13 states similar to those in the OhioRISE program
- We are a sole source MCO for this population in 3 states, Arizona , Kentucky and West Virginia
- Serving complex needs of MyCare dual eligible members in Ohio for more than seven years
- Specialized in meeting the needs of members with complex needs - LTSS members in 11 states; SPD/I/DD members in 8 states and Duals including MMP and DSNP members in 14 states.
- Within the first seven months of launching its Mountain Health Promise plan in West Virginia, Aetna reduced the number of children sent out-of-state by 9.6%, decreased the rate of in-state group home placements by 7.4%, and lowered the number of children residing in shelters by 14.5%.
- As a facilitator of practice change, a governance council model was implemented in Kansas. As a result, we have achieved a 10 percent reduction in institutional placements for children and youth.

“Kansas Department for Children and Families has appreciated the opportunity presented to us by Aetna Better Health to implement the Family Finding modality into our child welfare system this past year. Aetna has collaborated with the State and key State partners to enhance the lives of children and youth in families to develop strategies for positive impact on stability and well-being outcomes: preventing and reducing the need for formal foster care, increasing children living with relatives, and reducing reliance on institutional care. We are excited and look forward in this collaboration transforming our approaches alongside families, Aetna Better Health, and community partners.”

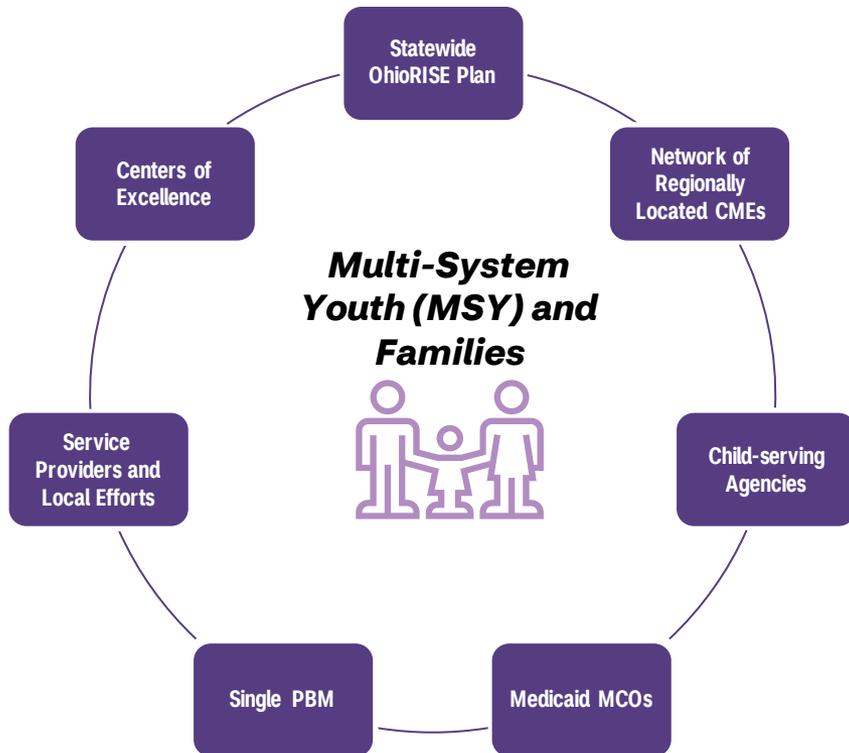
—Tanya Keys, Deputy Secretary

Kansas Department of Children and Families

“What I witness is a full-court press, a real and thorough effort, to do this whole managed care organization thing well, and I love that! Aetna leadership has been readily, patiently, and easily accessible to me for any information I’ve needed, to help others.”

— Pamela M. Woodman-Kaehler  
West Virginia Foster Care  
Ombudsman

# Ohio's Vision: Systems of Support for Ohio's Multi-System Youth



## The OhioRISE Plan

- Responsible for developing and managing a full continuum of behavioral health network providers, to include regional CMEs
- Develop the necessary data infrastructure to support providers and coordinate with the MCOs, the SPBM, and any FFS systems to ensure integration of physical health and behavioral health services;
- Contract for care coordination through the CMEs and other services with local service providers

# Aetna's OhioRISE Purpose

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Aetna believes that caring adults are the change agents in their children's lives and OhioRise exists to support them.



Grows targeted services through increasing network capacity, to deliver equitable and high-quality behavioral health services for children and their families in all 88 counties.



Aetna will partner with the State and stakeholders to transform the existing system and collaboratively create a highly effective and coordinated system to support children with complex behavioral health needs and their families. Aetna is ready to embark on this journey as we serve as the:

**Catalyst** | **Convener** | **Facilitator**

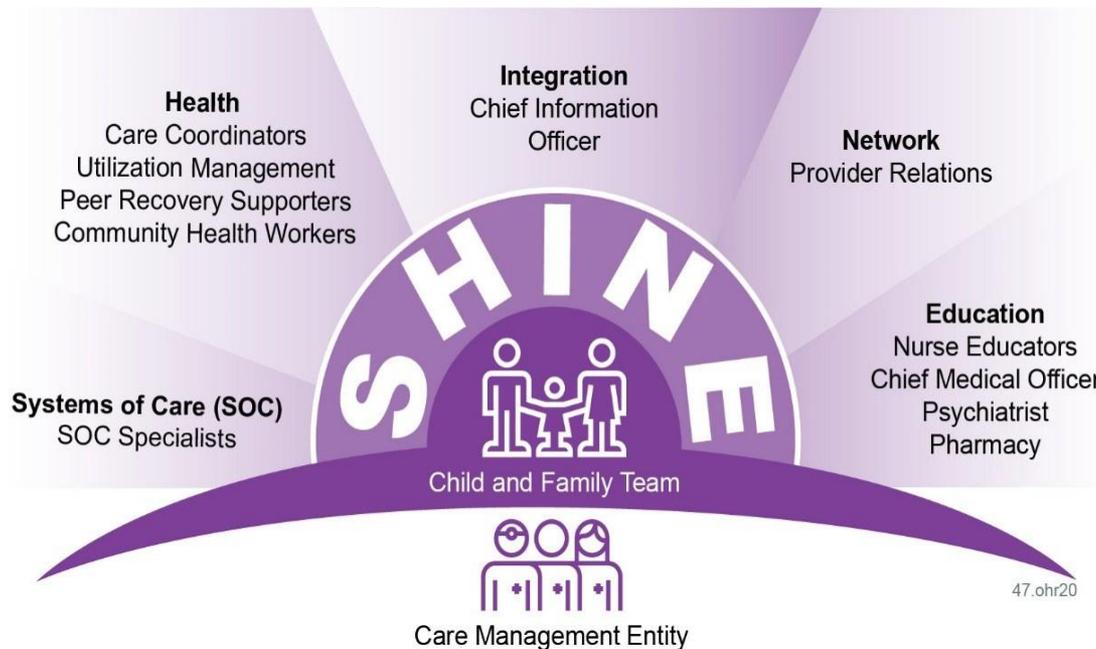
# Alignment with Ohio's Goals

- To achieve Ohio's Vision, we will work collaboratively with our system partners, the same way we will work with our children and families.
- Aetna will leverage our national experience and build upon the strengths of the local community resources, providers, agencies and stakeholders .
- The collaborative design process will lead to person focused, data driven change, resulting in a system design which accomplishes the child and family as well as system level outcomes.



# SHINE - Systems of Care, Health, Integration, Network, and Education

Our SHINE (Systems of Care, Health, Integration, Network, and Education) Teams are aligned to serve OhioRISE members, providers, community organizations, state agencies, and other stakeholders. Tailored to Ohio's regional and local needs.



# Regional SHINE Team Composition

Teams per region dependent on population

Composition of each SHINE team

- Regional Coordinator
- Care Coordination Auditor
- Care Coordinators
- Transitional Care Coordinators
- Peer Support Specialists
- Community Health Workers

## System of Care Regional Administrators

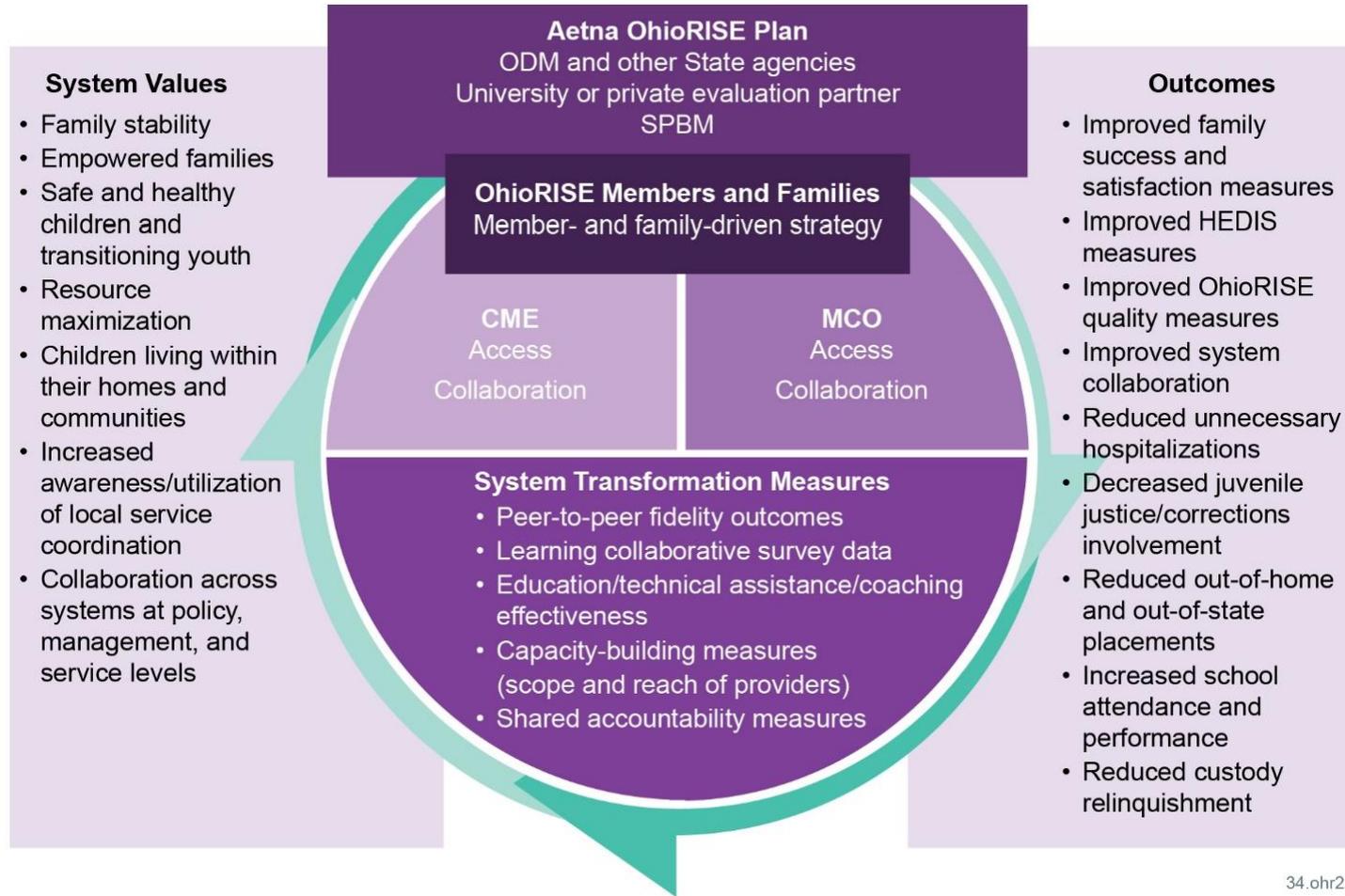
Each region will have the following positions:

- Adult System of Care Administrator
- Children's System of Care Administrator
- Recovery and Resiliency System of Care Administrator
- Juvenile System of Care Engagement Administrator
- IDD System of Care Administrator

# How Aetna's System of Care Will Interface with OhioRISE



# Aetna OhioRISE Plan Model of Collaboration



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# What Does this Mean for System Involved Youth and Families?

- ✓ More support toward identified goals.
- ✓ Children are surrounded by circles of support: family, kinship, providers, resource families, case managers, legal representatives.
- ✓ A WHOLE family approach works toward meeting needs of children and families.
- ✓ Team approach sustains all goals and processes alongside kids and families, working in concert not fragmented.

